



HealthCare Institute  
of New Jersey



# Diabetes Care:

## Prevention and Treatment in New Jersey's Latino Community

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**Wednesday, March 19, 2008**

**Busch Campus Center  
Rutgers, The State University of New Jersey  
604 Bartholomew Road  
Piscataway, New Jersey**

In cooperation with:



CONTINUING **MEDICAL EDUCATION PROGRAM**

# Event Overview

Today's Latino Diabetes summit will take a critical look at the growing issue of diabetes in New Jersey's Latino Community. Experienced medical professionals and educators will present key topics in the areas of prevention, access to care and treatment of diabetes, with emphasis on cultural competence and how we can best serve the Latino Community in New Jersey.

Continuing education credits are being provided to more than 300 medical professionals from all of our state's 21 counties. They are joined by more than 100 of our state's top leaders in the New Jersey Latino Community.

## Learning Objectives

By participating in today's summit, attendees will obtain proficiency in the following:

- Describe key cultural factors and issues related to the care of diabetes within Latino Communities.
- Discuss diabetes risk factors, symptoms, screenings, prevention guidance and treatment.
- Discuss strategies in diabetes self-management and empowerment.
- Assess the course of action as a patient's health care team is formed.
- Discuss emerging technologies in diabetes care.

# Event Program

## Registration

**7:30 a.m.**

- *Registration:* Busch Campus Center Lobby
- *Continental Breakfast:* Fireside Lounge
- *Exhibits:* International Lounge

## Welcome and Introduction

**8:15 a.m. – Multipurpose Room**

*Program Host:* Leida Arce, NJN Public Television

*Welcome:* Richard L. McCormick, Ph.D., President, Rutgers, The State University of New Jersey

*Remarks:*

- Hon. Bob Franks, President, HealthCare Institute of New Jersey
- Martin Perez, Esq., President, Latino Leadership Alliance of New Jersey
- Hon. Heather Howard, Commissioner, New Jersey Department of Health and Senior Services

*Presentation of Patient Navigator Award:*

- Hon. Robert Menendez, United States Senator from New Jersey

## Keynote Speaker

**9:00 a.m. – Multipurpose Room**

*“Preventing Chronic Disease in All Our Communities”*  
Richard H. Carmona, M.D., M.P.H., F.A.C.S.  
17th Surgeon General of the United States (2002-2006)  
Chairperson, Partnership to Fight Chronic Disease  
President, Canyon Ranch Institute

## Morning Break

**10:00 a.m.**

- *Snack:* Fireside Lounge
- *Exhibits:* International Lounge

## Plenary Session

**10:30 a.m. – Multipurpose Room**

*“Projection of Diabetes in the U.S.”*  
William R. Rowley, M.D.  
Institute for Alternative Futures

## Featured Speaker

**11:00 a.m. – Multipurpose Room**

*“Cultural Competence in Diabetes Care: An Urgent Need”*  
A. Enrique Caballero, M.D., M.S.  
Latino Diabetes Initiative, Joslin Diabetes Center, Harvard Medical School

## **Lunch Break**

**12:00**

- *Portable Lunch:* Fireside Lounge
- *Exhibits:* International Lounge

Today's diabetes-friendly "portable" lunch is available in the Fireside Lounge; informal seating is available throughout the Busch Campus Center, including the lobby and food court. Also during this lunch break, feel free to visit our exhibits in the International Lounge as well as network with your colleagues.

## **CONCURRENT TRACK BREAKOUT SESSIONS**

**12:45 p.m. to 2:45 p.m.**

*NOTE: Track breakout session details are listed on the following pages.*

- Track 1: Prevention & Access – Multipurpose Room
- Track 2: Treatment – Center Hall
- Track 3: Community Health Care Workers Forum – Room 120
- Track 4: Leadership Forum – Room 116

## **Afternoon Break**

**2:45 p.m.**

- *Snack:* Fireside Lounge
- *Exhibits:* International Lounge

*NOTE: This will be a final opportunity to visit our exhibits and network with your colleagues.*

## **Plenary Session**

**3:00 p.m. – Multipurpose Room**

*"Research and Innovation: What's New in the Treatment of Diabetes?"*

A. Enrique Caballero, M.D., M.S.

Latino Diabetes Initiative, Joslin Diabetes Center, Harvard Medical School

## **Closing Comments and Remarks**

**3:45 p.m.**

- Hon. Bob Franks, President, HealthCare Institute of New Jersey
- Martin Perez, Esq., President, Latino Leadership Alliance of New Jersey

# CONCURRENT TRACK BREAKOUT SESSIONS

## 12:45 p.m. to 2:45 p.m.

### Track 1: Prevention & Access Multipurpose Room

*"Pay Me Now or Pay Me Later: The Three Entry Points of Diabetes Prevention"*

Nurgul Fitzgerald, Ph.D., R.D., Rutgers, The State University of New Jersey

*"Diabetes Symptoms and Screening"*

Norman H. Ertel, M.D., F.A.C.P. – UMDNJ – NJ Medical School

*"Preventing Diabetes: Lifestyle Changes for Healthy Eating and Physical Activity"*

Alexandra Greci, M.S., R.D., L.D.N., C.D.E. – Rutgers, The State University of New Jersey

Susan Lang-Saponara, R.D. – ShopRite of Flemington

Sharon Mousselli – American Diabetes Association

*"Access to Care"*

Jorge Luis Vereas, M.D. – Chief Medical Officer, North Hudson Community Action Health Center

### Track 2: Treatment Center Hall

*"It Takes a Village: Multidisciplinary Diabetes Care in the Latino Community"*

Hector J. Castro, M.D. – Beth Israel Medical Center

*"Improving Patient Understanding of Type 2 Diabetes & Benefits of a Multidisciplinary Team Approach"*

Speaker/Moderator: Sharon E. Selinger, M.D., F.A.C.P., F.A.C.E – President, NJ American Association of Clinical Endocrinologists

*Panel of Specialists:*

- Hector J. Castro, M.D. – Critical Care Specialist - Beth Israel Medical Center
- Robert A. Hersh, D.D.S. – Periodontist - President, NJDA
- Jody Lashen, M.S., R.D., C.D.E. – Registered Dietitian -- St. Clare's Hospital
- Patricia Munz, M.S.N., R.N., A.P.N.-C, C.D.E. – Certified Diabetes Educator, President, GSADE
- Christian A. Robertozzi, D.P.M. – Podiatrist - President, APMA
- H. Matthew Wheatley, M.D. – Ophthalmologist – Robert Wood Johnson University Hospital

### Track 3: Community Health Workers Forum Room 120

*"Bridging the Gap: Community Access to the Health Care System"*

Moderator: Dwyane Monroe, B.A. – New Jersey Community Health Worker Institute, UMDNJ-SOM

*Panel of Speakers:*

- Sabina Charterjee – Abigail House, Camden
- Magda Diaz, L.C.H.W.S. – New Jersey Community Health Worker Institute
- Aline M. Holmes, R.N., A.P.N.-C., M.S.N. – New Jersey Hospital Assoc./Project Dulce New Jersey
- Mindy Montgomery, C.H.W., Healthy Mothers, Healthy Babies of Essex County
- Leslie A. Morris, M.P.H., L.C.S.W., M.S.W. – New Jersey Primary Care Association

# CONCURRENT TRACK BREAKOUT SESSIONS

## 12:45 p.m. to 2:45 p.m.

### Track 4: Leadership Forum Room 116

*"Eliminating Health Disparities through Effective Partnerships"*

Moderator: S. Patricia Cabrera – *Communications, New Jersey Department of Health and Senior Services*

*Panel of Speakers:*

- Linda Holmes – Office of Minority and Multicultural Health, New Jersey Department of Health and Senior Services
- Debbie Salas-Lopez, M.D., M.P.H., F.A.C.P. – Lehigh Valley Health & Hospital Network
- Doreleena Sammons-Posey, S.M. – Chronic Disease and Prevention Control Services, New Jersey Department of Health and Senior Services
- Daniel Santo Pietro – Hispanic Directors Association of NJ